



MODULE / SYLLABUS
EDUCATION CYCLE 2023-2026

Module/subject name:	BASIC HEALTH CARE	
Direction:	NURSING	
Level of study*:	I degree (bachelor's) II degree (master's degree)	
Profile of education:	practical	
Type of studies*:	stationary / non-stationary	
Type of classes*:	mandatory X supplementary <input type="checkbox"/> to choose from <input type="checkbox"/>	
Year and semester of studies*:	Year of study*: I II <input type="checkbox"/> III X	Semester*: 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 X 6 <input type="checkbox"/>
Number of ECTS credits assigned	11	
Language of instruction:	English	
Name of the PSW Department:	Faculty of Health Sciences	
Contact (tel./email):	Tel. 55 279 17 68 e-mail: dziekanat@psw.kwidzyn.edu.pl	
Type of module/subject relating to apprenticeships*:	<ul style="list-style-type: none"> • basic sciences <input type="checkbox"/> • social sciences and humanities <input type="checkbox"/> • basic nursing care science X • specialist care <input type="checkbox"/> • practical classes X • professional practice X 	
Presenter(s):	according to the studies plan	
Forms of student workload	Student charge (number of teaching hours)	
<i>Contact hours with an academic teacher (according to the study plan)</i>		
Lectures (W)	15	
Seminar (S)		
E-learning (e-L)		
Conversatories		
Exercises (C)	20	
Practical classes (ZP)	120	
BUNA - independent student work (according to the study plan)		
Student's workload related to work placements (<i>according to the study plan</i>)	160	
Total student workload – total number	315	
Number of ECTS credits per subject/module	11 of which 0 BUNA	
Didactic methods	<ul style="list-style-type: none"> • giving (lecture, talk), • programmatic (using audiovisual tools, boards), • activating (case method, situational method, • staging method, didactic discussion, project method), • method of practical classes, • case study, • work with text. 	
Assumptions and aim of the subject	<ul style="list-style-type: none"> — Preparing the student to work in primary care facilities, the patient's home environment and the learning environment. — Equipping students with the knowledge and skills to formulate a nursing diagnosis and plan nursing tasks. — Preparing the student for cooperation with the therapeutic team. 	
Teaching tools	Board and multimedia projector, boards. ZP classes conducted at CSM according to the schedule of practical training in simulated conditions.	
Prerequisites	Knowledge and skills in the fundamentals of nursing, anatomy, physiology, biochemistry, biophysics, psychology, sociology and public health at the undergraduate level.	
Matrix of learning outcomes for the module / subject in relation to the methods of verifying the achievement of the intended learning outcomes and the form of implementation of didactic classes		

Symbol learning outcome	Students who pass the module (subject) know/understand/are able to:	Methods for verifying the achievement of the intended learning outcomes	Form of implementation of didactic classes * enter the symbol
C.W19.	Analyzes the organization and functioning of primary health care in the Republic of Poland and other countries, taking into account the tasks of the nurse and other employees of the health care system.	<i>Written and/or oral examination</i>	W/ BUNA
C.W20.	Defines the conditions of implementation and principles of financing nursing services in primary health care.	<i>Written and/or oral examination</i>	W/ BUNA
C.W21.	Discusses methods of assessment of the teaching and upbringing environment in identifying health problems of children and adolescents.	<i>Written and/or oral examination</i>	W/ BUNA
C.U13.	Performs immunizations against influenza, hepatitis and tetanus.	<i>Re-implementation of the commissioned task, project or oral response</i>	Ć/ZP/PZ
C.U28.	Assesses individual and family health potential using scales, grids and measurements.	<i>Re-implementation of the commissioned task, project or oral response</i>	Ć/ZP/PZ
C.U33.	Implements primary health care services.	<i>Re-implementation of the commissioned task, project or oral response</i>	Ć/ZP/PZ
C.U34.	Assesses the environment of residence, teaching and upbringing, and work in identifying health problems.	<i>Re-implementation of the commissioned task, project or oral response</i>	Ć/ZP/PZ
O.K1.	Is guided by the welfare of the patient, respects the dignity and autonomy of those entrusted to his/her care, shows understanding of worldview and cultural differences and empathy in his/her relationship with the patient and his/her family.	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment</i>	W/Ć/ZP/PZ
O.K2.	Respects patients' rights;	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment</i>	W/Ć/ZP/PZ
O.K3.	Independently and diligently performs the profession in accordance with ethical principles, including observing moral values and duties in patient care.	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment</i>	W/Ć/ZP/PZ
O.K4.	Takes responsibility for professional activities performed.	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment</i>	Ć/ZP/PZ
O.K5.	Solicits expert opinion in case of difficulties in solving the problem on one's own.	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment</i>	W/Ć/ZP/PZ/ INTO
O.K6.	Anticipates and takes into account factors affecting own and patient's reactions.	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment</i>	Ć/ZP/PZ
O.K7.	Notices and recognizes own limitations in knowledge, skills and social competence, and performs self-assessment of deficits and learning needs.	<i>Prolonged observation by the tutor / teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-</i>	Ć/ZP/PZ
*W-lecture; S-seminar; EL- e-learning; K -conversations; Ć-exercises; ZP-practical classes; PZ-professional internships; BUNA-independent student work			

EXAMPLES OF METHODS FOR THE VERIFICATION OF LEARNING OUTCOMES

in the field of knowledge (lectures/seminars): oral exam (*non-standardized, standardized, traditional, problem*); written exam – the student generates / recognizes the answer (*essay, report; short structured questions /SSQ/; multiple-choice test /MCQ/; multiple-answer test /MRQ/; match test; T/N test; answer completion test*),

in terms of skills (exercises/seminars): Practical examination; Objective Structured Clinical Examination (OSCE); Mini-CEX (mini – clinical examination); Implementation of the commissioned task; Design, presentation

in the field of social competences: reflective essay; prolonged observation by the tutor / teacher of the teacher; 360° assessment (opinions of teachers, colleagues, patients, other colleagues); Self-assessment (including portfolio)

BUNA – the student's own work is verified by assessing the degree of implementation of the assumed learning outcomes: a test checking the student's knowledge of the subject specified in the syllabus, but also through final papers, projects, presentations and any other mid-term work.

TABLE OF PROGRAMME CONTENTS

Program content	Number of hours	Reference of the effects of learning to the CLASSES
LECTURES, semester V		
1. The concept of the functioning of primary health care in the light of transformations of health care in Poland and in the world.	1	C.W19. C.W20. O.K5. O.K7.
2. Primary health care and its tasks in relation to the services provided by the nurse in the field of health promotion, prevention, treatment and rehabilitation.	2	C.W19. C.W20. O.K5. O.K7.
3. To learn about the specifics of the work of the primary health care team and the tasks of individual members providing care for the individual, family and community (care for the child, student, working man, pregnant woman, the elderly).	2	C.W19. C.W20. C.W21. O.K5. O.K7.
4. Goals of transformation and tasks of the primary health care team (individual and group practice of family nurse and family physician, non-public health care facility) and its impact on the quality of care.	2	C.W19. O.K5. O.K7.
5. Recognition of health and social problems of the individual, family and community with particular emphasis on the young child and children and adolescents in the teaching and educational environment.	2	C.W19. C.W21. O.K5. O.K7.
6. Planning and implementation of nursing care in the residential environment - home care, nurseries, teaching and upbringing environment and in the working environment within the framework of the NFZ.	2	C.W19. C.W20. C.W21. O.K5. O.K7.
7. The local community and its impact on human health.	1	C.W19. O.K5. O.K7.
8. Contemporary health risks of society and the nurse's participation in the implementation of health policy tasks at the primary care level.	2	C.W19. O.K5. O.K7.
9. National Health Program 2016-2020 and other health programs implemented for healthy and sick people in primary care.	1	C.W19. C.W20. O.K5. O.K7.
EXERCISES, semester V		
1. Learning about the organization of work in the nursery, primary care clinic, teaching and educational environment nurse's office, family environment and the tasks of the staff, the role of the nurse, establishing contact with patients and the therapeutic team.	3	C.W19. C.W21. C.U13. C.U33. C.U34. O.K5. O.K7.
2. Discussion of the expectations of students in the learning process during specialized exercises/professional practice.	3	C.U33. C.K1. C.K.2. O.K3. O.K4. O.K5. O.K7.
3. Identify the functions, tasks, and skills of a primary care nurse.	2	C.U13. O.K1. O.K2. O.K3. O.K4. O.K5. O.K7.
4. Communicating verbally and non-verbally with the child, student, adult/older primary care patient.	2	C.W21. C.U13. C.U28. C.U33. C.U34. O.K1. O.K2. O.K4. O.K5. O.K7.
5. Collecting data on a healthy/sick patient, using available sources: interview, observation, analysis of	3	C.U28. C.U34. O.K2. O.K4.

records, conducting health assessment based on available scales, centile grids.		
6. Recognizing developmental/health problems in PCP patients of different ages.	2	C.W21. C.U28. C.U33. C.U34. O.K2. O.K3. O.K4. O.K6.
7. Assessing the quality of nursing care - showing the effects.	5	C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K6. O.K7.
PRACTICAL CLASSES, semester V/VI		
1. Nursing models, application of selected nursing theories in practice.	10	C.W19. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
2. Determination of blood glucose using a glucometer	3	C.U28. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
3. Determining the goal and plan of care for a sick or disabled person.	10	C.W21. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
4. Methods of community, group, individual work.	10	C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
5. Planning preventive visits in a specific environment.	8	C.W21. O.K1. O.K2. O.K3. O.K4. O.K6.
6. Planning and implementing nursing care together with the sick or disabled person and his family.	8	C.W21. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
7. Administering medicines to the patient by various routes, according to the doctor's written order, and calculating the dosage of medicines.	9	C.U13. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
8. Patronage visits. Screening, health balances.	6	C.W21. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
9. Recording and record keeping.	5	C.U28. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
10. Performing anthropometric examinations.	5	C.U28. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
11. Conducting community interviews under the supervision of a family nurse practitioner.	16	C.U28. C.U34. O.K1. O.K2. O.K3. O.K4. O.K6.
12. Confrontation of the learning objectives included in the program of practical classes with the expectations of students.	30	C.U28. C.U33. C.U34. O.K5. O.K7.
APPRENTICESHIP, semester V/VI		
1. Work in the treatment room.	30	C.W19. C.U13. C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
2. Working with the family – the application of the nursing process.	30	C.W19. C.W21. C.U13. C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
3. Treatment procedures carried out in primary health care.	20	C.W19. C.W21. C.U13. C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
4. Recognizing the patient's health and social problems.	30	C.W21. C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
5. Applying nursing standards and procedures in primary care.	20	C.W21. C.U13. C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
6. Planning care for a primary care patient based on known nursing models.	30	C.W19. C.W21. C.U13. C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.

LIST OF LITERATURE

Basic literature:

1. Alexander Thomas, Girdha J Gyani, *Handbook of Healthcare Quality & Patient Safety*, JP Medical Publishers, cop. 2021.

Supplementary literature:

1. Rosdahl C., *Workbook for Rosdahl's Textbook of Basic Nursing*, Wolters Kluwer Health, cop. 2021.

Method of passing and forms and basic assessment criteria/examination requirements

Method of credit

- Exam – lectures
- Passing with grade – exercises
- Passing with grade – practical classes
- Passing without a grade – professional practice

Forms and criteria for passing

PASSING THE SUBJECT - THE SUBJECT ENDS WITH AN EXAM

Lecture:

The basis for obtaining credit/zal is:

- Attendance 100%; confirmed by an entry on the attendance list,
- 10% absence, if any, balanced in a manner

Exercise

The basis for obtaining credit for the assessment is:

- attendance 100%; confirmed by an entry on the attendance list,
- active participation in exercises (joining the discussion initiated by the lecturer, showing interest in the issues discussed during the exercises),
- correct, positively evaluated oral answer to 3 questions from the content related to the learning outcomes in the field of knowledge and skills, asked to the student during the exercises,

Evaluation criteria — oral answer

Assessment	Criterion
Very good	Correct, full, independent answer to 3 questions asked to the student by the lecturer
Endorsement	Correct, requiring little orientation by the teacher, answer to the 3 questions asked to the student
Sufficient	Correct, incomplete, requiring significant orientation by the teacher answer to the 3 questions asked to the student
Insufficient	No answer or incorrect answer to each of the 3 questions asked to the student

Practical classes

The basis for obtaining credit for the assessment of practical classes is:

- Attendance 100%; confirmed by an entry on the attendance list or (absence justified in the event of the student's illness documented by sick leave or other random reasons and working off practical classes at another time),
- active participation in classes,
- completing the applicable documentation, developing a written work - a nursing care plan,
- correct attitude towards the patient, the therapeutic team, profession and science as well as regulations.

CRITERIA FOR ASSESSING THE STUDENT'S ATTITUDE

No.	Assessment of the elements of the student's attitude	Scoring	Obtained score of points
1.	Attitude towards the patient: tact, culture, tolerance towards the sick person's family, understanding the individual needs of the patient, family, taking actions to support the patient, sensitivity to the patient's problems, understanding of his family, patience, respect for the patient's rights.	0-8	
2.	Attitude towards the therapeutic team: personal culture of the student, kindness towards colleagues, staff, ability to cooperate in a team (communicating with people and listening to others, trying to solve difficult situations).	0-6	
3.	Attitude towards the profession and science: commitment to nursing work (motivation to work, interest, improving the quality of services	0-6	

	provided), improvement of methods and organization of work (accuracy, independence of decisions made, adaptation to changes in the environment), level of professional aspirations (enrichment of medical knowledge, interest in the directions of development of nursing care, motivation for continuous learning), self-assessment of one's own behavior (attitude to mistakes, taking responsibility, self-assessment of the level of knowledge, skills and capabilities).		
4.	The student's attitude towards the regulations: punctuality, avoidance of absenteeism, compliance with the regulations of the institution / unit and classes conducted, correct uniforms, aesthetic appearance.	0-3	
5.	Together		

*Obtaining 0 points under any criterion results in an unsatisfactory grade

Number of points and rating:

23-21 - very good (5.0)

20-19- good plus (4.5)

18-17- good (4.0)

16-14- sufficient plus (3.5)

13-12- sufficient (3.0)

11-0- insufficient (2.0)

And:

- passing all learning outcomes, obtaining at least 6 points in practical skills, according to the attached criteria
- for learning elements.

Criteria for assessing practical skills (0-2 points for each element): principles, efficiency, effectiveness, independence, communication, attitude.

The student receives a positive grade when obtaining at least 6 points for the learning elements.

Number of points	Criteria for the evaluation of individual elements of the activity (task/exercise) by the student					
	Policy	Efficiency	Effectiveness	Self-reliance	Communicating	Attitude
2	observes the rules, the right technique and the order of execution Actions	performs activities confidently, vigorously	behavior takes into account the situation of the patient, achieves the goal	plans and performs activities independently	correct independent, effective selection of content	analyses its conduct, collaborates with the team therapeutic, full identification with a professional role
1	Observes rules after orientation	performs activities not very confident, after a short Reflection	does not always take into account health situation of the patient, achieves the goal after orientation	Requires Reminders and targeting in some Activities	Requires Guidance Targeting in the selection of content	has difficulty in critical evaluation and analysis of their conduct, in cooperation with the team therapeutic and in identification with the professional role
0	does not comply rules, chaotically performs actions	performs activities uncertain, very slowly	does not take into account individual situation patient, does not achieve the goal	requires constant Guidance and reminders in every action	can not maintain verbal contact with the patient	cannot critically evaluate and analyze their conduct, does not cooperate with therapeutic syndrome, no identifies with a professional role

* Source: W. Ciechaniewicz: Shaping the practical skills of nursing school students. CKPPIP, Warsaw.

RATING SCALE:

11-12 points - bdb (5.0)

9-10 points - db plus (4.5)

8 points - db (4.0)

7 points - dst plus (3.5)

6 points - dst (3.0)

5 points and below -ndst (2.0)

Professional practice

The basis for obtaining credit for professional practice is:

- presence of 100%; confirmed by an entry on the attendance list or (absence justified in the event of a student's illness documented by sick leave or other random reasons and work off professional practice at a different time),

- active participation in professional practice,
- completion of the applicable documentation,
- correct attitude towards the patient, the therapeutic team, profession and science as well as regulations.

CRITERIA FOR ASSESSING THE STUDENT'S ATTITUDE

No.	Assessment of the elements of the student's attitude	Scoring	Obtained score of points
1.	Attitude towards the patient: tact, culture, tolerance towards the sick person's family, understanding the individual needs of the patient, family, taking actions to support the patient, sensitivity to the patient's problems, understanding of his family, patience, respect for the patient's rights.	0-8	
2.	Attitude towards the therapeutic team: personal culture of the student, kindness towards colleagues, staff, ability to cooperate in a team (communicating with people and listening to others, trying to solve difficult situations).	0-6	
3.	Attitude towards the profession and science: commitment to nursing work (motivation to work, interest, improving the quality of services provided), improvement of methods and organization of work (accuracy, independence of decisions made, adaptation to changes in the environment), level of professional aspirations (enrichment of medical knowledge, interest in the directions of development of nursing care, motivation for continuous learning), self-assessment of one's own behavior (attitude to mistakes, taking responsibility, self-assessment of the level of knowledge, skills and capabilities).	0-6	
4.	The student's attitude towards the regulations: punctuality, avoidance of absenteeism, compliance with the regulations of the institution / unit and classes conducted, correct uniforms, aesthetic appearance.	0-3	
5.	Together		

*Obtaining 0 points under any criterion results in an unsatisfactory grade

Number of points and rating:

23-21 - very good (5.0)

20-19- good plus (4.5)

18-17- good (4.0)

16-14- sufficient plus (3.5)

13-12- sufficient (3.0)

11-0- insufficient (2.0)

And:

- positive crediting of all learning outcomes, by obtaining at least 6 points in practical skills, according to the attached criteria – for elements of learning.

Criteria for the assessment of professional practice (0-2 points for each element): principles, efficiency, effectiveness, independence, communication, attitude.

The student receives credit when obtaining at least 6 points for learning elements.

Number of points	Criteria for the evaluation of individual elements of the activity (task/exercise) by the student					
	Policy	Efficiency	Effectiveness	Self-reliance	Communicating	Attitude
2	observes the rules, the right technique and the order of execution Actions	performs activities confidently, vigorously	behavior takes into account the situation of the patient, achieves the goal	plans and performs activities independently	correct independent, effective selection of content	analyses its conduct, collaborates with the team therapeutic, full identification with a professional role
1	Observes rules after orientation	performs activities not very confident, after a short Reflection	does not always take into account health situation of the patient, achieves the goal after orientation	Requires Reminders and targeting in some Activities	Requires Guidance Targeting in the selection of content	has difficulty in critical evaluation and analysis of their conduct, in cooperation with the team therapeutic and in identification with the professional role
0	does not comply rules, chaotically	performs activities uncertain, very slowly	does not take into account individual situation	requires constant Guidance and reminders in every action	can not maintain verbal contact with the patient	cannot critically evaluate and analyze their conduct, does not cooperate

	performs actions		patient, does not achieve the goal			with therapeutic syndrome, no identifies with a professional role
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* Source: W. Ciechaniewicz: Shaping the practical skills of nursing school students. CKPPiP, Warsaw.

FINAL EXAM IN THE SUBJECT

- The condition for admission to the exam is to obtain credit from lectures and exercises / practical classes and professional practice and pass BUNY (project).
- The exam of the theoretical part takes the form of a written test, a multiple-choice test /MCQ/ with one correct answer (each correct answer is 1 point, no answer or incorrect answer 0 points, a minimum of 60% of correct answers qualifies for a positive assessment).

Test evaluation criteria

Assessment	Very good (5.0)	Good plus (4.5)	Good (4.0)	Sufficient plus (3.5)	Sufficient (3.0)	Insufficient (2.0)
% of correct answers	93-100%	85-92%	77-84%	69-76%	60-68%	59% and less

and/or reply orally

Evaluation criteria – oral answer

Assessment	Criterion
Very good	Correct, full, independent answer to 3 questions asked to the student by the lecturer
Endorsement	Correct, requiring little orientation by the teacher, answer to the 3 questions asked to the student
Sufficient	Correct, incomplete, requiring significant orientation by the teacher answer to the 3 questions asked to the student
Insufficient	No answer or incorrect answer to each of the 3 questions asked to the student

FINAL GRADE IN THE SUBJECT:

- the exam accounts for 80% of the final grade in the subject
- the remaining 20% is the average grade from other forms of classes

The final grade is recalculated according to the following criteria:

- 3.0 -3.24 – sufficient (3.0)
- 3.25 -3.74 – sufficient (3.5)
- 3.75 -4.24 – good (4.0)
- 4.25-4.74 – good plus (4.5)
- 4.75 -5.0 – very good (5.0)

Conditions for making up classes missed for excused reasons:

Making up for abandoned classes is possible only in the case of a student's illness documented by sick leave or Making up missed classes is possible only in the case of a student's illness documented by a medical exemption or other fortuitous reasons. Excusing classes and passing the material covered during the period of absence is done by the lecturer conducting the classes. Both a student returning from dean's leave and a student repeating a year are obliged to attend all classes and to take examinations. Only if a grade of at least "pass" (3.0) is obtained in an examination in a given year may a student repeating a year because of another subject be exempted from the obligation to attend classes and to pass the subject.

Acceptance: Vice-Chancellor for Science and Educational Quality