

MODULE / SYLLABUS EDUCATION CYCLE 2023-2026

	EDUCATION CICLE 2023-2	2020			
Module/subject name:	GERIATRICS AND GERIAT	TRIC NURSING			
Direction:	NURSING	NURSING			
Level of study*:	I degree (bachelor's) II degree (master's degree)				
Profile of education:	practical				
Type of studies*:	stationary / non-stationary				
Type of classes*:	mandatory X supplementary	□ to choose from □			
Year and semester of studi	es*: Year of study*: I \(\text{I} \) Seme \(\textbf{X} \) III \(\text{II} \)	ster*: 1 □ 2 □ 3 X 4□ 5 □ 6□			
Number of ECTS credits a	ssigned 7,5				
Language of instruction:	English				
Name of the PSW Departm	nent: Faculty of Health Sciences				
Contact (tel./email):	Tel. 55,279 17,68 e-mail: dziekanat@psw.kwidzy	n.edu.pl			
Type of module/subject rel apprenticeships*:	 basic sciences □ social sciences and hum science in the basics of 	 basic sciences □ social sciences and humanities □ science in the basics of nursing care □ specialist care sciences X practical classes X 			
Person responsible for the module/subject:	according to studies plan				
Presenter(s):	according to studies plan				
Forms of student workload		Student charge (number of teaching hours)			
Contact hours with an acad	emic teacher (according to the study plan)				
Lectures (W)		15			
Seminar (S)					
E-learning (e-L)					
Conversatories					
Exercises (C)		15			
Practical classes (ZP)		80			
BUNA - independent studen	nt work (according to the study plan)	10			
Student's workload related to <i>plan</i>)	o work placements (according to the study	80			
Total student workload - to	otal number	200			
Number of ECTS credits p	7.5, including 0.5 BUNA				
•	giving (lecture, talk), programmatic (using audiovisual tools, boa activating (case method, situational method staging method, didactic discussion, projec practical classes, apprenticeships, analysis of clinical cases.	1,			
Assumptions and aim of the subject	Obtaining basic information about the hu	man aging process.			

			t to independently care for the elderly, while pro-	viding
Teaching to	ools	Board and multimedia pro	ojector, boards. ZP classes conducted at CSM aching in simulated conditions.	ecording to the
Prerequisit	es:		eld of human construction and functioning, basi and measurement of vital functions.	c disease
Matrix of			ubject in relation to the methods of verifying and the form of implementation of didactic cla	
Symbol learning outcome		who pass the module now/understand/are able to:	Methods for verifying the achievement of the intended learning outcomes	Form of implementation of didactic classes * enter the symbol
D.W1.		k factors and health risks of different ages.	Written and/or oral examination, completion of a given task, project or oral answer	W/Ć
D.W2.	Characterize clinical retreatment,	es the etiopathogenesis, manifestations, course, prognosis and principles are of patients in selected	Written and/or oral examination, completion of a given task, project or oral answer	W/Ć
D.W3.	and planni internal obstetrics-g geriatrics,	neurology, psychiatry, are, palliative care, long-	Written and/or oral examination, completion of a given task, project or oral answer	W
D.W4.		types of diagnostic tests ciples of ordering them.	Written and/or oral examination, completion of a given task, project or oral answer	W/Ć
D.W5.	patient of c status fo diagnostic p principles of	principles of preparing a lifferent ages and health r examinations and procedures, as well as the of care during and after nations and procedures.	Written and/or oral examination, completion of a given task, project or oral answer	W
D.W6.	groups and patient's sy various dise health state effects, inte	ne properties of drug d their effects on the systems and organs in asses according to age and tus, including adverse ractions with other drugs of administration.	Written and/or oral examination, completion of a given task, project or oral answer	W/Ć
D.W7.		ursing standards and used in caring for patients s ages and health	Written and/or oral examination, completion of a given task, project or oral answer	W/Ć
D.W8.		es patient reactions to ospital admission and ion.	Written and/or oral examination, completion of a given task, project or oral answer	W
D.W9.	Characteriz	es the aging process in psychological, social and	Written and/or oral examination, completion of a given task, project or oral answer	W/BUNA
D.W10.	Knows the job of special intensive psychiatric, medicine,	principles of organization lized care (geriatric, care, neurological,	Written and/or oral examination, completion of a given task, project or oral answer	W
D.W11.	Presents the	e etiopathogenesis of the on diseases of old age.	Written and/or oral examination, completion of a given task, project or oral answer	W/BUNA

	Characterizes tools and scales for		W
D.W12.	assessing the support of the elderly and their families and the principles of their activation.	Written and/or oral examination, completion of a given task, project or oral answer	
D.U1	Gathers information, formulates a nursing diagnosis, establishes nursing goals and care plan, implements nursing interventions and evaluates nursing care.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ/BUNA
D.U2.	Provides counseling on self-care for patients of various ages and health conditions regarding malformations, diseases and addictions.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ/BUNA
D.U3.	Conducts prevention of complications occurring in the course of diseases.	Written and/or oral examination, completion of a given task, project or oral answer	ZP/PZ
D.U4	Organizes isolation of patients with infectious disease in public places and at home.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
D.U12	Prepares the patient physically and mentally for diagnostic tests.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
D.U13.	Makes referrals for specific diagnostic tests.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/PZ
D.U15	Documents the patient's health situation, the dynamics of its changes and the nursing care provided, taking into account information technology tools for data collection.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/PZ
D.U16	Teaches the patient and his/her caregiver the selection and use of nursing and rehabilitation equipment and medical devices.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
D.U18.	Recognizes complications of pharmacological, dietary, rehabilitative and therapeutic-nursing treatment.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
D.U20.	Conducts therapeutic conversation.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ/BUNA
D.U22.	Communicates information to members of the therapeutic team about the patient's condition.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
D.U24.	Assesses pain level, patient's response to pain and its severity, and applies pharmacological and non-pharmacological analgesic management.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
D.U26.	Prepares and administers medications to patients by various routes, either independently or as ordered by a physician.	Written and/or oral examination, completion of a given task, project or oral answer	Ć/ZP/PZ
O.K1.	Is guided by the welfare of the patient, respects the dignity and autonomy of those entrusted to his/her care, shows understanding of worldview and cultural differences and empathy in his/her relationship with the patient and his/her family.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	Ć/ZP/PZ/BUNA
O.K2.	Observes the rights of the patient and maintains confidentiality of patient-related information.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	Ć/ZP/PZ/BUNA

O.K3.	Independently and diligently performs the profession in accordance with ethical principles, including observing moral values and duties in patient care.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	Ć/ZP/PZ/BUNA
O.K4.	Takes responsibility for professional activities performed.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	Ć/ZP/PZ /BUNA
O.K5.	Solicits expert opinion in case of difficulty in solving a problem independently.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	W/Ć/ZP/PZ /BUNA
O.K6.	Anticipates and takes into account factors affecting own and patient's reactions.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	Ć/ZP/PZ /BUNA
O.K7.	Recognizes and recognizes own limitations in knowledge, skills and social competencies and performs self-assessment of deficits and learning needs.	prolonged observation by the teacher in charge; 360° rating (opinions of teachers, colleagues, patients, other colleagues); Self-assessment	W/Ć/ZP/PZ /BUNA

*W-lecture; S-seminar; EL- e-learning; K -conversations; Ć-exercises; ZP-practical classes; PZ-professional internships; BUNA-independent student work

EXAMPLES OF METHODS FOR THE VERIFICATION OF LEARNING OUTCOMES

<u>in the field of knowledge (lectures/seminars):</u> oral exam (non-standardized, standardized, traditional, problem); written exam – the student generates / recognizes the answer (essay, report; short structured questions /SSQ/; multiple-choice test /MCQ/; multiple-answer test /MRQ/; match test; T/N test; answer completion test),

<u>in terms of skills (exercises/seminars):</u> Practical examination; Objective Structured Clinical Examination (OSCE); Mini-CEX (mini – clinical examination); Implementation of the commissioned task; Design, presentation

in the field of social competences: reflective essay; prolonged observation by the tutor / teacher of the teacher; 360° assessment (opinions of teachers, colleagues, patients, other colleagues); Self-assessment (including portfolio)

BUNA – the student's own work is verified by assessing the degree of implementation of the assumed learning outcomes: a test checking the student's knowledge of the subject specified in the syllabus, but also through final papers, projects, presentations and any other mid-term work.

TABLE OF PROGRAMME CONTENTS					
Program content	Number of hours	Reference of learning outcomes to CLASSES			
LECTURES, semester III					
1. Etiopathogenesis, course, treatment and prevention of diseases of the elderly.	2	D.W1-D.W12., O.K5, O.K7			
2. Specificity of diagnosis of the condition in the elderly.	2				
3. Specificity of pharmacotherapy in the elderly.	2				
4. Functional disorders of individual organs and systems in the elderly.	2				
5. Geriatric nursing - assumptions and objectives.	2				
6. Physiological and psychological features of an elderly person.	2				
7. The ageing process in biological, psychological and socie economic aspects. Physiological and psychological characteristics of the elderly human being.	0- 3				
EXERCISES, semester III					
1. Principles of nursing care for the older person.	5	D.W1. D.W.2. D.W4.			
2. Distinctiveness of the physical examination of the geriatric patient in nursing practice.	ric 2	D.W6. D.W7. D.U1. D.U2. D.U4. D.U12. D.U13. D.U15. D.U16.			
3. Issuing prescriptions or orders for medical supplies for the geriatric patient.	ne 2	D.U18. D.U20. D.U22. D.U24. D.U26.			
4. Providing emergency first aid.	2	O.K1O.K7.			
5. Injuries and accidents in the elderly.	2				
6. Psychosocial problems of the elderly.	2				
PRACTICAL CLASSES, semester III					
Care of the elderly in disorders of specific systems and organs.	15	D.W1-12., D.U1-4., D.U12-13., D.U15-16.,			

2.	Prevention in geriatrics - practical action.	5	D.U18., D.U20., D.U22.,
2.			D.U24., D.U26., O.K1-7.
3.	Health education of the elderly.	5	B.621., B.626., G.III 7.
4.	Assessment of the patient's condition through the use of	15	
	diagnostic methods used in geriatric nursing.		
AP	PRENTICESHIP, semester III		
1.	Nursing the elderly.	10	D.W1-12., D.U1-4., D.U12-13., D.U15-16.,
2.	Preparing the family to care for the geriatric patient at home.	10	D.U18., D.U20., D.U22., D.U24., D.U26., O.K1-7.
3.	Conducting and documenting the nursing process.	5	D.024., D.020., O.KI-7.
4.	The role and tasks of the geriatric nurse collaborating in a therapeutic team.	5	
5.	Practical application of a geriatric nursing knowledge acquired during studies and its use for diagnostic, nursing and educational activities for the patient and his family.	10	
BU	NA - independent student work, semester III		
1.	Water-electrolyte disorders and their impact on the life and health of the elderly.	2	D.W9. D.W11. D.U1. D.U2. D.U12. D.U20.
2.	Health problems of the elderly people and ways to solve them.	4	O.K5. O.K7.
3.	Psychosocial problems of the elderly people and ways to solve them.	4	

LIST OF LITERATURE

Basic literature:

1. Williams P.A., Basic Geriatric Nursing, Mosby, cop. 2022.

Supplementary literature:

1. Simon O'Connor, Nicholas J Talley, Brad Frankum, Essentials of Internal Medicine, Elsevier, cop. 2021.

Method of passing and forms and basic assessment criteria/examination requirements

Method of credit

- Exam lectures
- Passing with grade exercises
- Passing with grade practical classes
- Passing without a grade professional practice
- Passing without a grade BUNA

Forms and criteria for passing

PASSING THE SUBJECT - THE SUBJECT ENDS WITH AN EXAM

Lecture

The basis for obtaining credit is:

- attendance 100%; confirmed by an entry in the attendance register,
- possible 10% absence compensated as individually agreed with the class instructor.

Exercise

The basis for obtaining credit for the assessment is:

- attendance 100%; confirmed by an entry in the attendance register (absence justified in the case of a student's illness documented by a doctor's leave or other fortuitous reasons and making up the classes at another time),
- active participation in classes (showing interest in issues discussed and conducted during classes),
- successful completion of the learning outcomes in terms of skills and social competences successful completion of the colloquium - written or oral,
- correct completion of the required nursing documentation,
- correct elaboration of a written paper nursing care plan/nursing process for a patient with a selected nursing diagnosis (successful completion of BUNA),
- correct attitude towards simulated/standardised patient, colleagues, teacher, profession and learning and rules and regulations.

Practical classes

The basis for obtaining credit for the assessment is:

- attendance 100%; confirmed by an entry in the attendance register (excused absence in the case of the student's illness documented by a medical certificate or other fortuitous reasons and making up the classes at another time).
- active participation in practical classes,
- successful completion of the learning outcomes in terms of skills and social competences,
- correct completion of the compulsory nursing documentation,
- correct elaboration of the nursing process for the patient, correct description of the nursing report,
- correct attitude towards the patient, the therapeutic team and colleagues, the profession and science and the regulations.

Apprenticeship

The basis for obtaining credit is:

- 100% attendance; confirmed by an entry in the attendance register (excused absence in case of the student's illness documented by a doctor's note or other fortuitous reasons and making up the classes at another time),
- active participation in professional practice,
- successful completion of learning outcomes in terms of skills and social competences (principles, proficiency, efficiency, independence, communication, attitude),
- correct completion of the applicable nursing documentation,
- correct elaboration of the nursing process for the patient, correct description of the nursing report,
- correct attitude towards patient, therapeutic team and colleagues, profession and science and rules and regulations.

CRITERIA FOR THE ASSESSMENT OF KNOWLEDGE

Criteria for the assessment of knowledge - test

Assessment	Very good (5.0)	Good plus (4.5)	Good (4.0)	Sufficient plus (3.5)	Sufficient (3.0)	Insufficient (2.0)
% of correct answers	93-100%	85-92%	77-84%	69-76%	60-68%	59% and less

Criteria for the assessment of knowledge - oral answer

No.	Criterion	Number of points 0-5
	Correctness of answers	
	Relevance of problem recognition	
	Current medical and health sciences knowledge	
	Interdisciplinary knowledge	
	Correctness of medical /professional vocabulary	
	Independence and creativity in proposing solutions	
	Together	

^{*}Obtaining 0-1 points under any criterion results in an insufficient grade

Number of points and rating:

30-28 - very good (5.0) - the student gives a completely comprehensive and correct answer to the question asked, freely uses the factually correct scientific language, taking into account in the oral answer current medical knowledge, demonstrates ease in solving problems arising from the task, skillfully combines knowledge from various scientific fields, demonstrates the originality of his own thoughts.

- 27-25 plus good (4.5) the student gives the correct answer to the question asked, uses scientific language, taking into account in the oral answer current medical knowledge, solves problems arising from the task, combines knowledge from several scientific fields.
- 24-22 good (4.0) the student gives a basically independent answer, which contains most of the required content, few errors in the answer are allowed (secondary from the point of view of the topic), uses current medical knowledge that requires little supplementation, the answer is correct in terms of scientific language, the accuracy of recognizing problems requiring little improvement, the answer and should include the student's own conclusions.
- 21-19 plus sufficient (3.5) the student gives a basically independent answer, which contains most of the required content, makes few, primary errors in the answer, the student knows the most important facts and can interpret them and select the most important problems, uses medical knowledge that is not always up-to-date, in response takes into

account knowledge only in a given field, makes mistakes in using scientific language, requires help in drawing conclusions.

18-16 - sufficient (3.0) - the student gives an answer containing some of the required information, making mistakes, but with the help of the teacher corrects his answer, both in terms of substantive knowledge and in the way it is presented, but the student knows the basic facts and with the help of the teacher gives an answer to the question posed.

CRITERIA FOR ASSESSING THE DIFFERENT COMPONENTS OF SOCIAL SKILLS AND COMPETENCES

Criteria for assessing practical skills (0-2 points for each element): principles, efficiency, effectiveness, independence, communication, attitude.

The student receives a passing / positive grade when obtaining at least 6 points for the learning elements.

NT1	Criteria for the evaluation of individual elements of the activity (task/exercise) by the student						
Number of points	Rules* (points 0-2)	Efficiency* (points 0-2)	Effectiveness* (points 0-2)	Self-reliance* (points 0-2)	Communication* (points 0-2)	Posture* (points 0-2)	
2	observes the rules, the right technique and the order of execution Actions	performs activities confidently, vigorously	behavior takes into account the situation of the patient, achieves the goal	plans and performs activities independently	correct independent, effective selection of content	analyses its conduct, collaborates with the team therapeutic, full identification with a professional role	
1	Observes rules after orientation	performs activities not very confident, after a short Reflection	does not always take into account health situation of the patient, achieves the goal after orientation	Requires Reminders and targeting in some Activities	Requires Guidance Targeting in the selection of content	has difficulty in critical evaluation and analysis of their conduct, in cooperation with the team therapeutic and in identification with the professional role	
0	does not comply rules, chaotically performs actions	performs activities uncertain, very slowly	does not take into account individual situation patient, does not achieve the goal	requires constant Guidance and reminders in every action	can not maintain verbal contact with the patient	cannot critically evaluate and analyze their conduct, does not cooperate with therapeutic syndrome, no identifies with a professional role	
Number of points obtained							

Source: W. Ciechaniewicz: Shaping the practical skills of nursing school students. CKPPiP, Warsaw.

*Obtaining 0 points in any element of the assessment prevents positive passing of practical skills RATING SCALE:

11-12 points - bdb (5.0)

9-10 points - db plus (4.5)

8 points - db (4.0)

7 points - dst plus (3.5)

6 points - dst (3.0)

5 points and below -ndst (2.0)

Criteria for the assessment of elements achieved in the care process

No.	Elements of the assessment of the nursing process	Number of points 0-2
	Ability to collect and analyze information about the patient's health situation*	
	Ability to formulate a nursing diagnosis*	
	Ability to set care goals*	
	Ability to plan activities adequate to the health situation of the patient and family*	
	Implementation of planned activities in accordance with current standards of	
	nursing services*	
	Independence and creativity in proposing solutions*	
	Ability to assess the process of nurturing and formulating conclusions for further	
	care of the patient by himself and / or his family / caregivers *	
	Ability to use correct medical terminology*	
	Ability to aesthetically record in patient records*	
	Together	

*Obtaining 0 points in any element of the assessment prevents positive passing of the nursing process Number of points and rating

36-40-	very	good	(5,0)
32-35-	plus	good	(4.5)

28-31- good (4,0)

24-27- plus sufficient (3.5)

20-23- sufficient (3.0)

0-19- insufficient (2.0)

Criteria for the assessment of the elements achieved in the nursing report

No.	Elements of the nursing report assessment	Scoring	Number of points earned
	Assessment of the general condition of the patient*	0-2	
	Assessment of the patient's biological condition (implementation and evaluation of activities)*	0-8	
	-omission of an important problem results in obtaining an insufficient assessment from the report		
	Assessment of mental state (implementation and evaluation of activities)*	0-5	
	Assessment of social status (implementation and evaluation of activities)	0-3	
	Ability to assess the effects of the implemented activities and formulate recommendations for the next duty*	0-3	
	Correctness of medical/professional vocabulary, aesthetics of work*	0-2	
	Together		

*Obtaining 0 points under any criterion results in an unsatisfactory grade

Number of points and rating:

23-21 - very good (5.0)

20-19- good plus (4.5)

18-17- good (4.0)

16-14- sufficient plus (3.5)

13-12- sufficient (3.0)

11-0- insufficient (2.0)

Criteria for assessing the student's attitude

No.	Assessment of the elements of the student's attitude	Scoring	Number of points earned
	Attitude towards the patient: tact, culture, tolerance towards the patient's family, understanding the individual needs of the patient, family, taking actions to support the patient, sensitization to the patient's problems, his family understanding, patience, respect for the patient's rights*.	0-8	
	Attitude towards the therapeutic team: personal culture of the student, kindness towards colleagues, staff, ability to cooperate in a team (communicating with people and listening to others, trying to solve difficult situations)*.	0-6	
	Attitude towards the profession and science: commitment to nursing work (motivation to work, interest, improving the quality of services provided), improvement of methods and organization of work (accuracy, independence of decisions made, adaptation to changes in the environment), level of professional aspirations (enrichment of medical knowledge, interest in the directions of development of nursing care, motivation for continuous learning), self-assessment of one's own behavior (attitude to mistakes, responsibility, self-assessment of the level of knowledge, skills and capabilities)*.	0-6	
	The student's attitude towards the regulations: punctuality, avoidance of absenteeism, compliance with the regulations of the institution / unit and classes conducted, correct uniforms, aesthetic appearance*. Together	0-3	

*Obtaining 0 points under any criterion results in an unsatisfactory grade

Number of points and rating:

23-21 - very good (5.0)

20-19- good plus (4.5)

18-17- good (4.0)

16-14- sufficient plus (3.5)

13-12- sufficient (3.0)

11-0- insufficient (2.0)

FINAL EXAM IN THE SUBJECT

- The condition for admission to the exam is to obtain a positive pass from lectures and exercises, practical classes, professional practice and BUNY.
- The exam takes the form of a written test, a multiple-choice test /MCQ/ with one correct answer (each correct answer is 1 point, no answer or incorrect answer 0 points, a minimum of 60% of correct answers qualify for a positive assessment.

Test evaluation criteria

Assessment	Very good	Good plus	Good (4.0)	Sufficient	Sufficient	Insufficient
rissessment	(5.0)	(4.5)		plus (3.5)	(3.0)	(2.0)
% of correct answers	93-100%	85-92%	77-84%	69-76%	60-68%	59% and less

and/or reply orally

Evaluation criteria – oral answer

Evaluation circuita of a lab wer				
Assessment	Criterion			
Very good	Correct, full, independent answer to 3 questions asked to the student by the			
	lecturer			
Endorsement	Correct, requiring little orientation by the teacher, answer to the 3 questions			
	asked to the student			
Sufficient	Correct, incomplete, requiring significant orientation by the teacher answer to			
	the 3 questions asked to the student			
Insufficient	No answer or incorrect answer to each of the 3 questions asked to the student			

FINAL GRADE IN THE SUBJECT:

- the exam is 60% of the final grade in the subject,
- the remaining 40% is the average grade from other forms of classes.

The final grade is recalculated according to the following criteria:

3.0 - 3.24 - sufficient (3.0)

3.25 - 3.74 - sufficient (3.5)

3.75 - 4.24 - good(4.0)

4.25-4.74 - good plus (4.5)

4.75 - 5.0 - very good (5.0)

Conditions for making up missed classes for excused reasons:

Making up missed classes is possible only in the case of a student's illness documented by a medical exemption or other fortuitous reasons. Excuses for classes and credit for the material covered in lectures, exercises, practical classes during the period of absence are made by the lecturer in charge of the class, and the internship is made by the internship coordinator. Both the student returning from dean's leave and the student repeating the year are required to attend all classes and take the credit/examination. Only in the case of obtaining at least a pass/examination grade (3.0) in a given year, a student repeating a year due to another subject may be exempted from having to attend classes and take and pass the subject.

Acceptance: Vice-Chancellor for Science and Educational Quality