



MODULE / SYLLABUS
EDUCATION CYCLE 2023-2026

Module/subject name:		PHYSICAL EXAMINATIONS	
Direction:		NURSING	
Level of study*:		I degree (bachelor's) II degree (master's degree)	
Profile of education:		practical	
Type of studies*:		stationary / non-stationary	
Type of classes*:		mandatory X supplementary <input type="checkbox"/> to choose from <input type="checkbox"/>	
Year and semester of studies*:		Year of study*: I X II <input type="checkbox"/> III <input type="checkbox"/>	Semester*: 1 <input type="checkbox"/> 2 X 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/>
Number of ECTS credits assigned		2	
Language of instruction:		English	
Name of the PSW Department:		Faculty of Health Sciences	
Contact (tel./email):		Tel. 55,279 17,68 e-mail: dziekanat@psw.kwidzyn.edu.pl	
Type of module/subject relating to apprenticeships*:		<ul style="list-style-type: none"> • basic sciences <input type="checkbox"/> • social sciences and humanities <input type="checkbox"/> • basic nursing care science X • specialist care <input type="checkbox"/> 	
Person responsible for the module/subject:		according to the studies plan	
Presenter(s):		according to the studies plan	
Forms of student workload		Student charge (number of teaching hours)	
<i>Contact hours with an academic teacher (according to the study plan)</i>			
Lectures (W)		15	
Seminar (S)			
E-learning (e-L)			
Conversatories			
Exercises (C)		36	
Practical classes (ZP)			
BUNA - independent student work (according to the study plan)			
Student's workload related to work placements (<i>according to the study plan</i>)			
Total student workload – total number		51	
Number of ECTS credits per subject/module		2, including 0 BUNA	
Didactic methods	<ul style="list-style-type: none"> • giving (lecture, talk, description), • programming (using audiovisual equipment), • exposing (show with elements of survival), • practice method. 		
Assumptions and aim of the subject	Mastering the skills in collecting an interview and conducting a physical examination of the patient.		
Teaching tools	Board and multimedia projector, boards.		
Prerequisites	Knowledge and skills in the field of human anatomy.		
Matrix of learning outcomes for the module / subject in relation to the methods of verifying the achievement of the intended learning outcomes and the form of implementation of didactic classes			
Symbol learning outcome	Students who pass the module (subject) know/understand/are able to:	Methods for verifying the achievement of the intended learning outcomes	Form of implementation of didactic classes * enter the symbol
C.W32.	Presents the concept and principles of conducting a subject examination and documenting it.	<i>Written and/or oral colloquium, draft or oral reply</i>	W
C.W33.	Presents methods and techniques for a comprehensive physical examination.	<i>Written and/or oral colloquium, draft or oral reply</i>	W
C.W34.	Discusses the importance of the results of the physical and subject examination in formulating an assessment of a patient's health status for nursing care.	<i>Written and/or oral colloquium, draft or oral reply</i>	W

C.W35.	Explains ways to conduct a physical examination using telehealth or communication systems.	<i>Written and/or oral colloquium, draft or oral reply</i>	W
C.U2.	Collects information by means of interview, observation, measurement, physical examination, and documentation analysis to recognize the patient's condition and formulate a nursing diagnosis.	<i>Implementation of the commissioned task</i>	Ć
C.U43.	Performs a physical examination of a patient, analyzes and interprets the results.	<i>Implementation of the commissioned task</i>	Ć
C.U44.	Recognizes and interprets basic distinctions in the examination of a child and an adult, including the elderly.	<i>Implementation of the commissioned task</i>	Ć
C.U45.	Uses physical examination techniques to assess physiological and pathological functions of the skin, senses, head, chest, mammary glands, abdominal cavity, genital organs, cardiovascular system, respiratory system, peripheral circulatory system, musculoskeletal system and nervous system, and documents the results of the physical examination and uses them to assess the patient's health.	<i>Implementation of the commissioned task</i>	Ć
C.U46.	Performs a comprehensive physical and subject examination of a patient, documents the results of the examination and analyzes them for nursing care.	<i>Implementation of the commissioned task</i>	Ć
C.U47.	Performs a physical examination with the use of data communications or communication systems.	<i>Implementation of the commissioned task</i>	Ć
O.K3.	Independently and diligently performs the profession in accordance with ethical principles, including observing moral values and duties in patient care.	<i>prolonged observation by the teacher</i>	W/C
O.K5.	Seeks expert opinion in case of difficulties in solving a problem independently.	<i>prolonged observation by the teacher</i>	W/C
O.K7.	Recognizes and recognizes his/her own limitations in knowledge, skills and social competence, and performs self-assessment of deficits and educational needs.	<i>prolonged observation by the teacher</i>	W/C

*W-lecture; S-seminar; EL- e-learning; K -conversations; Ć-exercises; ZP-practical classes; PZ-professional internships; BUNA-independent student work

EXAMPLES OF METHODS FOR THE VERIFICATION OF LEARNING OUTCOMES

in the field of knowledge (lectures/seminars): oral exam (*non-standardized, standardized, traditional, problem*); written exam – the student generates / recognizes the answer (*essay, report; short structured questions /SSQ/; multiple-choice test /MCQ/; multiple-answer test /MRQ/; match test; T/N test; answer completion test*),

in terms of skills (exercises/seminars): Practical examination; Objective Structured Clinical Examination (OSCE); Mini-CEX (mini – clinical examination); Implementation of the commissioned task; Design, presentation

in the field of social competences: reflective essay; prolonged observation by the tutor / teacher of the teacher; 360° assessment (opinions of teachers, colleagues, patients, other colleagues); Self-assessment (including portfolio)

BUNA – the student's own work is verified by assessing the degree of implementation of the assumed learning outcomes: a test checking the student's knowledge of the subject specified in the syllabus, but also through final papers, projects, presentations and any other mid-term work.

TABLE OF PROGRAMME CONTENTS

Program content	Number of hours	Reference of learning outcomes to CLASSES
LECTURES, semester III		
1. The essence, purpose and methods of physical examination. 2. Physical examination - preparation for examination. 3. Patient rights, ethical principles, principles of communication with the patient. 4. Principles of documentation, importance of the results of the physical examination for the assessment of the patient's health.	15	C.W32-35. O.K3. O.K5. O.K7.

EXERCISES, semester III		
1. Conducting a physical examination of the patient, using appropriate techniques: 2. Head and neck examination. 3. Examination of the skin. 4. Examination of the osteoarticular and muscular systems. 5. Examination of the chest and lungs. 6. Examination of the mammary glands. 7. Examination of the cardiovascular system. 8. Examination of the abdominal cavity. 9. Examination of the nervous system. 10. Examination of the genitourinary system. 11. Interpretation and documentation of the results of the physical examination - assessment of the patient's health.	36	C.U2., C.U.43-47. O.K3., O.K5. O.K7.

LIST OF LITERATURE

Basic literature:

1. Palm M.L., *Bates' Nursing Guide to Physical Examination and History Taking*, Wolters Kluwer Health, cop. 2021.

Supplementary literature:

1. Ann L., PhD, RN EckhardtCarolyn Jarvis, *Pocket Companion for Physical Examination & Health Assessment*, Elsevier - Health Sciences Division, cop. 2023.

Method of passing and forms and basic assessment criteria/examination requirements

Method of credit

- Passing with grade – lectures
- Passing with grade – exercises

Forms and criteria for passing

Lecture:

The basis for obtaining credit is:

- Attendance 100%; confirmed by an entry on the attendance list,
- 10% absence, if any, balanced in a manner individually agreed with the class instructor,
- Obtaining a positive assessment of the exam

Written colloquium:

- takes the form of a written test, a multiple-choice test /MCQ/ with one correct answer (each correct answer is 1 point, no answer or incorrect answer 0 points, a minimum of 60% of correct answers qualify for a positive assessment.

Test evaluation criteria

Assessment	Very good (5.0)	Good plus (4.5)	Good (4.0)	Sufficient plus (3.5)	Sufficient (3.0)	Insufficient (2.0)
% of correct answers	93-100%	85-92%	77-84%	69-76%	60-68%	59% and less

- and/or reply orally

Evaluation criteria – oral answer

Assessment	Criterion
Very good	Correct, full, independent answer to 3 questions asked to the student by the lecturer
Endorsement	Correct, requiring little orientation by the teacher, answer to the 3 questions asked to the student
Sufficient	Correct, incomplete, requiring significant orientation by the teacher answer to the 3 questions asked to the student
Insufficient	No answer or incorrect answer to each of the 3 questions asked to the student

Exercise

The basis for obtaining credit for the assessment of exercises is:

- Attendance 100%; confirmed by an entry on the attendance list or (excused absence in the case of student illness documented by a medical exemption or other fortuitous reasons and working off practical classes at another time),
- active participation in classes,

- correct attitude towards the patient,
- passing all learning outcomes,
- obtaining a passing grade in the OSCE method according to the criteria included in the checklist description.

Passing the exercises consists in:

- conducting a comprehensive physical examination of the patient, using physical examination techniques to assess physiological and pathological functions of the skin, senses, head, chest, mammary glands, abdominal cavity, genitals, cardiovascular system, respiratory system, peripheral circulatory system, musculoskeletal system and nervous system,
- documenting the results of the physical examination for nursing care,
- credit has a specific time to perform the procedures, which varies from 10-15 minutes.

Criteria for assessing practical skills (0-2 points for each element): principles, efficiency, effectiveness, independence, communication, attitude.

The student receives a positive grade when obtaining at least 6 points for the learning elements.

Number of points	Criteria for the evaluation of individual elements of the activity (task/exercise) by the student					
	Policy	Efficiency	Effectiveness	Self-reliance	Communicating	Attitude
2	observes the rules, the right technique and the order of execution Actions	performs activities confidently, vigorously	behavior takes into account the situation of the patient, achieves the goal	plans and performs activities independently	correct independent, effective selection of content	analyses its conduct, collaborates with the team therapeutic, full identification with a professional role
1	Observes rules after orientation	performs activities not very confident, after a short Reflection	does not always take into account health situation of the patient, achieves the goal after orientation	Requires Reminders and targeting in some Activities	Requires Guidance Targeting in the selection of content	has difficulty in critical evaluation and analysis of their conduct, in cooperation with the team therapeutic and in identification with the professional role
0	does not comply rules, chaotically performs actions	performs activities uncertain, very slowly	does not take into account individual situation patient, does not achieve the goal	requires constant Guidance and reminders in every action	can not maintain verbal contact with the patient	cannot critically evaluate and analyze their conduct, does not cooperate with therapeutic syndrome, no identifies with a professional role

* Source: W. Ciechaniewicz: Shaping the practical skills of nursing school students. CKPPIP, Warsaw.

RATING SCALE:

- 11-12 points - bdb (5.0)
- 9-10 points - db plus (4.5)
- 8 points - db (4.0)
- 7 points - dst plus (3.5)
- 6 points - dst (3.0)
- 5 points and below -ndst (2.0)

FINAL GRADE IN THE SUBJECT:

- average grades from the colloquium from lectures and exercises.

The final grade is recalculated according to the following criteria:

- 3.0 -3.24 – sufficient (3.0)
- 3.25 -3.74 – sufficient (3.5)
- 3.75 -4.24 – good (4.0)
- 4.25 -4.74 – good plus (4.5)
- 4.75 -5.0 – very good (5.0)

Conditions for making up classes missed for excused reasons:

Making up for abandoned classes is possible only in the case of a student's illness documented by sick leave or Making up missed classes is possible only in the case of a student's illness documented by a medical exemption or other

fortuitous reasons. Excusing classes and passing the material covered during the period of absence is done by the lecturer conducting the classes. Both a student returning from dean's leave and a student repeating a year are obliged to attend all classes and to take examinations. Only if a grade of at least "pass" (3.0) is obtained in an examination in a given year may a student repeating a year because of another subject be exempted from the obligation to attend classes and to pass the subject.

Acceptance: Vice-Chancellor for Science and Educational Quality s